



# Healthy Michigan Voices

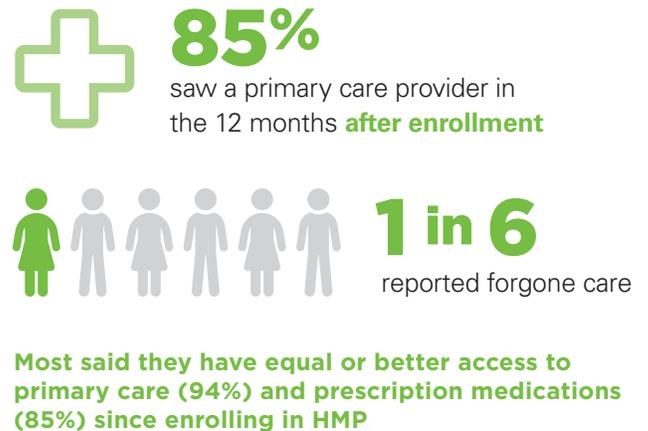
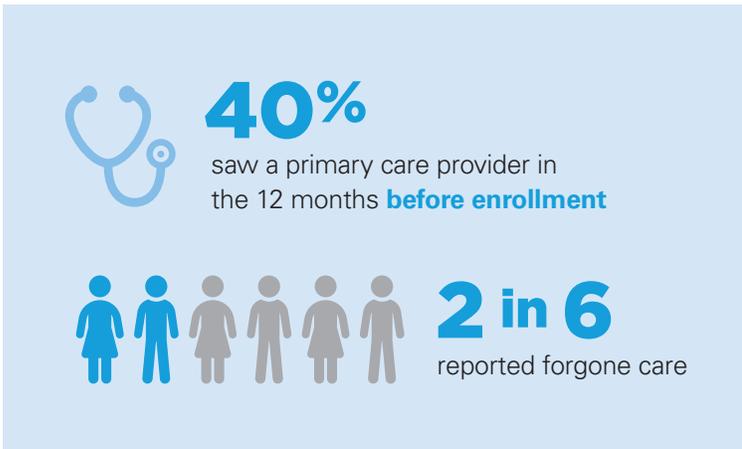
## Findings from a survey of Healthy Michigan Plan enrollees

The 2016 Healthy Michigan Voices survey was conducted by telephone January–November 2016 as part of the Healthy Michigan Plan (HMP) evaluation. Complete survey data was collected for 4,090 individuals who were currently enrolled in HMP managed care and who had at least 12 months of enrollment. 52% of the respondents were women; 74% were between 19 and 50 years old; 61% identified as white, 26% as black or African American, 9% other, and 4% more than one race. Nearly 60% did not have insurance at any time in the year before enrolling in HMP.

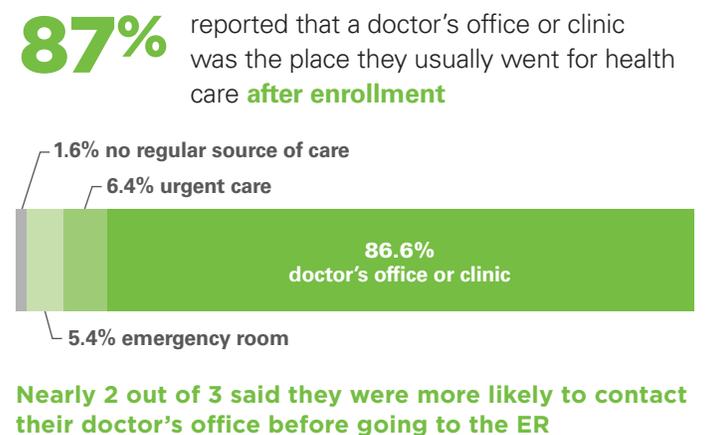
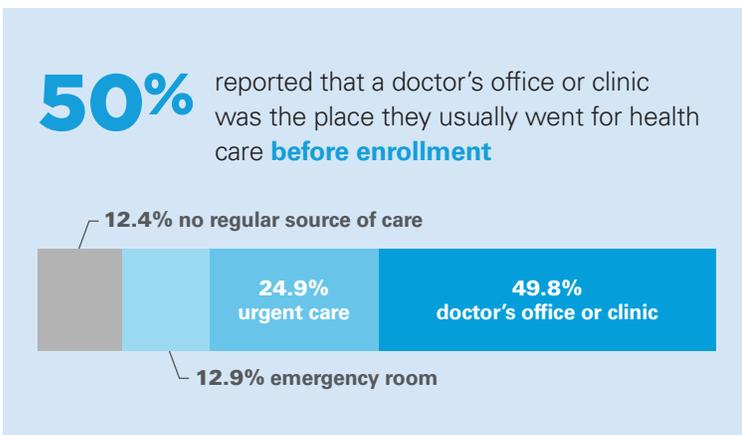
The University of Michigan Institute for Healthcare Policy and Innovation is partnering with the Michigan Department of Health and Human Services (MDHHS) to conduct a long-term evaluation of the Healthy Michigan Plan (HMP), Michigan’s Medicaid expansion program. Domain IV of the evaluation includes a series of surveys called Healthy Michigan Voices.

### ACCESS TO CARE

#### ACCESS TO CARE AT THE RIGHT TIME



#### ACCESS TO CARE AT THE RIGHT PLACE





## HEALTH AND WELL-BEING

### CHANGE IN HEALTH STATUS SINCE ENROLLING IN HMP



**48%** reported improved physical health



**40%** reported improved dental health



**38%** reported improved mental health

### HEALTHY BEHAVIORS



**52%** reported greater ability to get help staying healthy or preventing health problems since enrolling



**75%** of those who used tobacco products said they wanted to quit and 91% of those were working on cutting back or quitting



**81%** of those who completed a Health Risk Assessment (HRA) reported choosing to work on at least one health behavior

### CHRONIC HEALTH CONDITIONS



**69%** reported they have a chronic health condition

- 95% of those with a chronic condition saw a primary care provider in the past 12 months
- Enrollees with chronic health conditions were more likely to report getting a flu shot, not drinking sugary drinks, exercising every day, and not engaging in unhealthy alcohol use



**30%** of all respondents reported that they had a newly diagnosed health condition since enrolling

### FINANCIAL WELL-BEING



**89%** agreed that the amount they pay for HMP is affordable



**86%** of those who had problems paying medical bills before HMP reported that their problems paying medical bills had gotten better



**49%** of respondents reported being employed or self-employed

- 69% of employed respondents said having HMP helps them do a better job at work



**28%** of respondents reported being out of work

- 55% of those out of work said having HMP made them better able to look for a job



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